

Weekly Morning Meditations 'Starting Over Again'

Monday

a SIMPLE life

Wherefore seeing we also are compassed about with so great a cloud of witnesses, **let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. Hebrews 12:1-2 [KJV]**

SIMPLE not compounded or complex; not complicated or involved; easy to do, solve, or understand

A SIMPLE LIFE is.....

- ☑ **SENSIBLE** (*easily perceived or noticed; showing good sense or sound judgment; reasonable; rational; wise*)
 - know your 'SELF'
 - know your GIFTS
 - know your LIMITATIONS
- ☑ **SEASONED** (*the time when something specified flourishes, develops, takes place, or is at its best*)
 - know GOD's Time
 - know YOUR 'time'
 - HARMONIZE the 'time'
- ☑ **STEADY** (*that which does not shake, tremble, totter, etc.; firm; fixed; stable; not wavering; not given to sudden change; remaining calm and controlled*)
 - ☑ regardless of WHOM
 - ☑ regardless of WHAT
 - ☑ regardless of HOW

*I am the way, the truth, and **the life**: John 14:6 [KJV]*

Wednesday

a SATISFIED life

*Let your conversation be without covetousness; **and be content with such things as ye have.....Hebrews 13:5ab [KJV]***

SATISFY fulfilling the needs, expectations, wishes, or desires of; contented; gratified; free from doubt or anxiety; convinced

A SATISFIED LIFE is.....

- ☑ **GRATEFUL** (*feeling or expressing gratitude; thankful; appreciative*)
 - for WHERE you've come
 - for HOW you've come
 - for HIM who died, so that you can come
- ☑ **GENEROUS** (*willing to give or share; unselfish; gracious; noble-minded; magnanimous*)
 - willing to SHARE
 - willing to SACRIFICE
 - willing to SERVE
- ☑ **GENUINE** (*real; true; authentic; not counterfeit or artificial; sincere and frank; honest and forthright*)
 - embracing of SELF
 - respecting of OTHERS
 - submitting to GOD

*Not that I speak in respect of want: for I have learned, **in whatsoever state I am, therewith to be content. Philip. 4:11 [KJV]***

Friday

a SECURE life

*.....for he hath said, I will never leave thee, nor forsake thee So that we may boldly say, **The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:5c-6 [KJV]***

SECURE free from fear, care, doubt, or anxiety; free from danger; not worried, troubled or apprehensive

THE THREE ELEMENTS OF SECURITY

- ☑ the **POWER** (the ABILITY)
 - "the LORD"
- ☑ the **POSSESSION** (the ACCESS)
 - "is MY Helper"
- ☑ the **PROMISE** (the ASSURANCE)
 - "I will never leave thee....."

*And Moses built an altar, and called the name of it **Jehovah-nissi: Exodus 17:15 [KJV]***

God is our refuge and strength, a very present help in trouble. Psalm 46:1 [KJV]

For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly. Psalm 84:11 [KJV]

He will not suffer thy foot to be moved: he that keepeth thee will not slumber. Psalm 121:3 [KJV]

*Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh. **For the Lord shall be thy confidence, and shall keep thy foot from being taken. Proverbs 3:25-26 [KJV]***