

# Weekly Morning Meditations

## The Power of the Holy Spirit

### Monday

#### THE POWER TO 'PROTECT'

*And grieve not the holy Spirit of God, whereby ye are **sealed** unto the day of redemption. Ephes. 4:30 [KJV]*

**PROTECT** to shield from injury, danger, or loss; guard; defend  
**SEALED** (GK - to stamp with a signet for security or preservation)

#### HOW THE HOLY SPIRIT PROTECTS

He **DETOURS** (a route used when the direct or regular route is closed) **our STEPS** - (e.g. Exodus 13:17-18)

He **DELAYS** (to put off to a future time) **our STEPS** - (e.g. 1Samuel 13:8)

He **DEFENDS** (guard from attack; keep from harm or danger) **our STEPS** - (Exodus 14:13-18)

He **DISGUISES** (to hide or obscure the existence or real nature of) **our STEPS** (e.g. Joshua 8:1-30)

He **DELIVERS** (sets free or saves from evil, danger, etc.) **our STEPS** (e.g. Genesis 39:1-2, 20-21, 41:37-46)

*Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts. Zech. 4:6 [KJV]*

### Wednesday

#### THE POWER TO 'PREVENT'

*Now when they had gone throughout Phrygia and the region of Galatia, and **were forbidden of the Holy Ghost to preach the word in Asia**, After they were come to Mysia, they assayed to go into Bithynia: but the **Spirit suffered them not**. Acts 16:7 [KJV]*

**FORBIDDEN** (GK - prevent; hinder, withstand)  
**PREVENT** keep from happening; hinder

#### HOW THE HOLY SPIRIT PREVENTS

He **DIVERTS** the **WAY**

And the angel of the Lord said unto him, Wherefore hast thou smitten thine ass these three times? behold, I went out to withstand thee, because thy way is perverse before me: Numbers 22:32

He **DESTROYS** the **WAY**

To deliver such an one unto Satan for the destruction of the flesh, that the spirit may be saved in the day of the Lord Jesus. 1 Cor. 5:5

He **DISTURBS** the **WAY**

But the Spirit of the Lord departed from Saul, and an evil spirit from the Lord troubled him. 1 Samuel 16:14 [KJV]

He **DISTRACTS** the **WAY**

And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me? Acts 9:4

He **DISCOVERS** the **WAY**

And Abraham lifted up his eyes, and looked, and behold behind him a ram caught in a thicket by his horns: and Abraham went and took the ram, and offered him up for a burnt offering in the stead of his son. Genesis 22:13

### Friday

#### THE POWER TO 'PRESERVE'

*And I will put my spirit within you, and **cause you to walk in my statutes**, and ye shall keep my judgments, and do them. Ezekiel 36:27 [KJV]*

**PRESERVE** to keep from spoiling or rotting

#### HOW THE HOLY SPIRIT PRESERVES

He **SEALS TIGHT**

And the vision of all is become unto you as the words of a book that is sealed, which men deliver to one that is learned, saying, Read this, I pray thee: and he saith, I cannot; for it is sealed: Isaiah 29:11

He **HEATS HOT**

That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: 1 Peter 1:7

He **BLOWS DRY**

The voice of him that crieth in the wilderness, Prepare ye the way of the Lord, make straight in the desert a highway for our God. Isaiah 40:3

He **DENIES LIGHT**

He made darkness his secret place; his pavilion round about him were dark waters and thick clouds of the skies. Psalm 18:11

He **WAITS LONG**

Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: 1 Peter 5:6